

MAPS Meet Camp Guidelines and Information

Welcome, and thank you for joining us for the Mid-Atlantic Primitive Skills Gathering (M.A.P.S. Meet). Please print this information, read it, and bring it with you to the event. It is vital for a smooth running program.

The 16th annual Mid-Atlantic Primitive Skills Gathering (M.A.P.S. Meet) is being held at FLOC Outdoor Education Center from May 26-29, 2017 located at FLOC Outdoor Education Center in Harpers Ferry.

How the MAPS Meet Works

Check in

- Gates open at 4pm on Thursday May 25th.
- All participants must check in upon arrival. Weekenders can arrive anytime between 5:30-9:30pm on Friday or Saturday. People with Day Passes must check in between 8am – 9am
- Please bring completed AK and FLOC waivers to the check-in table with you. (attached to email)
- When you check-in you will receive a Woodallion. This is your pass to meals and workshops. It also has your nature name on the other side, more on that below.
- Please put your name on one side of the Woodallion when you receive it.

If you arrive after hours

- Please drop your gear off outside registration area
- Move car to parking spaces (please don't park in fields)
- Set up camp in camping areas (please refer to map outside of Miller building)
- Locate signup sheets and sign up for classes

Parking/setting up

- Once you check in you will be instructed to unload your gear and park your car in a designated area.
- Parking is limited and your car may be "parked in" for the duration of the event. Please come prepared to stay for the days attending. If you have a 4x4 or All Wheel Drive vehicle please consider driving it.

Meals (we serve two healthy meals per day)

- First meal is dinner Thursday evening, last meal is breakfast Monday morning
- Breakfast will be between 7:15-8am. (*start time is approximate*)
- The lunch break is between 1pm-2pm, (you must provide your own lunch food). You are responsible for cleaning up after yourself during lunch.
- Dinner will be served around 6pm.
- You will need to provide your own eating utensils including; bowls, plates, cups, knife, fork and spoon.
- Indoor seating is limited so please bring a folding or camp chair to share at the outdoor dining options.
- Please bring nonperishable food items for your lunches. (*No Ice or refrigerators are available on site.*)
- When you are finished eating please create space for others to eat. This will also aid in the cleanup efforts. This is especially important at breakfast so everyone can make it to the morning circle on time.
- Participant's dishwashing stations will be set up outside of dining areas. Please wash your dishes in the assigned order. Pre-rinse, wash, rinse, and sanitize.
- Feel free to help expedite the clean up process by lending a hand.
- Meal times will be signaled. If you don't hear the signal please assume the meals will be served during scheduled meal times.
- If you have not registered as a vegetarian, please **DO NOT EAT** the vegetarian meals.
- Please be responsible for your children at meal times and be sure they do not waste food.
- We are not able to accommodate all the food allergies or personal likes and dislikes. This is a large event and we do the best we can to keep it simple and provide good healthy meals. **Please bring any supplemental foods you might need.** If you have any food or kitchen-related questions, speak to the Chef.

- The kitchen is open only to kitchen staff and volunteers.

Youth Sessions and Activities

- The website has the current schedule of teachers and workshops. The schedule is subject to change at any time. A final schedule will be posted outside the Miller Building with the signup sheets and in the dining hall.
- **Morning Circle**- We will assemble at the fire circle each morning at 8:15am. It is IMPORTANT that EVERYONE participate in these circles. Important information about the workshops will be shared at the morning circles. It is very important that everyone attend.
- **Children ages 3-6** Each day the kids will go off with experienced guides for some nature exploration, and games starting after morning circle until 12:30pm. If you are interested in helping provide fun activities for this age group please let us know helpful parents are always welcome.
- **Children ages 7-11**- We have a great program for this age group. The kids will be with experienced instructors from 9am-5pm Fri-Sunday and 9am-12:30pm on Monday. Please help the transition from the morning circle into their program by having your child prepared with a small backpack containing a full water bottle, sunscreen, snacks and whatever else you think they need for the day.
- **Teens 12-17** are encouraged to attend the sessions scheduled and will also be rallied for some fun and adventures with Josh in the afternoons. Please encourage your teens to participate.
- If your child (age 11 or younger) is attending a workshop with you, you will count as one participant sharing the materials and crafting together as a team.
- Children will meet their parents at the dining hall at 12:30pm for lunch.

Adult Workshops (ages 12 and older)

- **Skills workshops** - Generally there will be 2 sessions each day, 9am-12:30pm and 1:30pm-5pm. Some of the workshops may run a little shorter or longer in time. The Schedule of workshops will be posted in the dining hall and outside the Miller building/camp store.
- The session signup sheets will be posted at the registration building after dinner the night before the skills sessions are scheduled. Once ALL the signup sheets are posted you can begin signing up for your workshops.
- A map will be posted indicating all the different workshop locations. Please attend the morning circles to confirm the locations and times. *You are ultimately responsible for knowing where and when to meet your instructor.*

Other Fun Activities

- **Trade Blanket** - several evenings during the event there will be a trade blanket for the kids and adults. Please bring any items of value to see what you might be able to trade them for.
- **Evening Campfire** 8pm-10pm- Please don't be shy, join us in this celebration and gathering.
- **Camp Store** - There will be a small shop where you can purchase all sorts of great items. 10% of the proceeds help fund our "Send a Kid to Camp" fund. The Camp Store will be open during meal times.
- **Raffle** - On Sunday evening we will raffle off several items to help raise money for our "Send a Kid to Camp" financial assistance fund, be sure to bring a few extra dollars to contribute to the cause. Raffle tickets are available in the Camp Store and from any of the Ancestral Knowledge BOD members. [Please feel free to make a donation now!](#)

Work Crews

- **Everyone ages 12-70** are needed to participate in accomplishing one assigned task during the event. The task groups meet at the beginning of Breakfast and Dinner. Your task group name will be given to when you check in and you will be called to meet with task leader just after morning circle.
- **Woodallion Nature Name**— When you check in you will receive a Woodallion and on one side you will find your nature name. Your nature name corresponds with the task you choose to help us with once during the event. Please remember your nature name and task. Your task group will meet during a meal time to complete the task at hand.

- Task groups meet during breakfast and dinner. You can join as many task groups as you like during the event. We encourage it actually. **It's a great way to meet new people!**
- There are task group leaders that facilitate the daily tasks. Your name will be called at the morning circle by your group leader. Also the schedule of tasks will be posted by the signup sheets for reference.
- During the meal when you are in a task group, be sure to go to the front of the line and eat first. After you eat please report to your groups task. It's your job to be prompt and check in with the group leader. They don't like having to hunt you down.
- If you are on a food prep crew you are needed **1.5 hours prior to the meal time in the kitchen**. Please plan your workshop schedule carefully with food prep in mind.
- Most instructors are able to provide extra time with you to finish your projects if you have to leave early for food prep.

Camping/lodging

- **You must check in before you set up camp** (unless you arrive after hours). You will be directed to the camping areas from the registration table.
- Once your gear is dropped off all cars must be removed from the camping areas
- No cars are allowed in camp during the event. **NO EXCEPTIONS!**
- All cabins must be reserved prior to the event. These dwellings are limited to groups of 3 or more. Cabin users must sweep and clean their shelters before departing. Please do not leave anything behind. Please refer to our website for lodging
- When you are leaving please take a look around and give a helping hand to leave the camp better then we received it.

For the first timer:

We recommend participating in any Fire making, Fiber, Foraging and Carving workshops. These skills are a great starting point for learning any sustainable primitive technology and are the foundation of many ancient skills.

Rules and General information:

- **All water activities are at your own risk.** There will not be a lifeguard on duty.
- Please make sure that children are supervised at all times. If you see any child doing something unsafe, please intervene directly and alert the child's parents or staff.
- Parents must approve the use of sharp tools by their children.
- During skill sessions, children must be in the youth program or with their parents. They should not be unattended at any time.
- **No dogs** or other pets are allowed in camp, except pre-approved legitimate guide or service dogs.
- Do not use the archery/atlatl range unless the **Range Master** is present.
- Place all garbage in proper garbage receptacles.
- There will be a designated lost and found area in the Miller Building. Please place found items in the lost and found. All lost and found items are donated to the thrift store 2 weeks after the event.
- If there are any problems that require a cleanup feel free to clean it up yourself or contact the clean up coordinators to assist you. This is a community event please help take responsibility for its success.
- Please report any problems to **MAPS Meet Coordinators (Bill or Alex)**. Please report any injuries or first aid requirements immediately to the **First Aid Coordinator (Cheyenne)**.
- This event is GLBT friendly. Please be sure to respect each other, each other's space and how each person identifies. Please use proper names or people's preferred pronouns whenever possible. Anyone who is found to be disrespectful will be asked to leave the event.

- Showering- there is one shower house with six shower heads. A sign will be posted indicating Male/Female/All Gender showering times. Please be aware of the showering schedule to help everyone feel as comfortable as possible.

Hazards

- Bears- black bears live in the area so please do not store food in your tents.
- Rattlesnakes- Timber rattlesnakes are abundant in the area. Please tread lightly, be aware, and keep your distance if you come across one.
- Copperheads- copperheads also live in the area. These snakes blend in very well. Please tread lightly, be aware, and keep your distance if you come across one.
- Ticks- Ticks are in the woods. Please take responsibility of checking yourself and family for ticks at least twice a day. They like to hide in the places most would avoid looking.

Directions

671 FLOC Way Harpers Ferry, WV 25425. GPS will take you the wrong way. Please refer to our Google [map for directions](#) to get you to Mission Road.

Once on Mission Road follow these directions (google/mapquest maps aren't accurate);

- Go approximately 6 miles (you are half way there once you pass the stop sign). look for a wooden Rolling Ridge sign on the left.(this is at the bottom of a steep hill after many very sharp turns in the road)
- Make a left on Mission Road (gravel Road).
- At the four way intersection of gravel roads (dumpster on left) Make a left toward FLOC. Follow road until it ends at the event and FLOC.

Things to bring

- | | |
|---|---|
| 1. Tent | 12. An open mind or empty cup |
| 2. Sleeping bag | 13. Swim suit |
| 3. Clothes for the season (warm days cold nights) | 14. Toiletries |
| 4. Hat | 15. Money for the raffles, ABO Outlet store and extra material fees |
| 5. Sunscreen | 16. Bug spray(all natural I hope) |
| 6. Flashlight | 17. Small hand held mirror for tick checks |
| 7. Water bottle | 18. Notebook and pen |
| 8. Food for lunches(nonperishable) | 19. Camera |
| 9. Eating utensils | 20. Anything else that you think you may need. |
| 10. Small chair or seat cushion | 21. Camp folding chair for dining (if possible) |
| 11. Musical instruments (drums, guitars, whatever sounds good at a camp fire) | |

Please observe all these guidelines so we have a safe and fun Meet! Please remember to **fill out your event evaluation form before you leave** and place them in the marked box in the dining hall.

Important Tick Information

Ticks wait for host animals from the tips of grasses and shrubs (not from trees). When brushed by a moving animal or person, they quickly let go of the vegetation and climb onto the host.

Ticks can only crawl; they cannot fly or jump. Ticks found on the scalp have usually crawled there from lower parts of the body. Some species of ticks will crawl several feet toward a host. Ticks can be active on winter days when the ground temperatures are about 45° Fahrenheit.

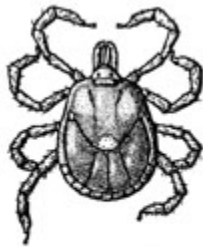


Top view of Hard Tick
(American Dog Tick)

American Dog Tick (*Dermacentor variabilis*)

One of the most frequently encountered ticks is the American dog tick, also sometimes known as the wood tick. The larvae and nymphs feed on small warm-blooded animals such as mice and birds. The adult American dog tick will feed on humans and medium to large mammals such as raccoons and dogs.

Unfed males and females are reddish-brown and about 3/16-inch long. Females have a large silver-colored spot behind the head and will become 1/2-inch long after feeding or about the size of a small grape. Males have fine silver lines on the back and do not get much larger after feeding. Males are sometimes mistaken for other species of ticks because they appear so different from the female.



Female Lone
Star Tick

Lone Star Tick (*Amblyomma americanum*)

The lone star tick is primarily found in the southern half of Illinois, although it can occasionally be found further north. Larvae, nymphs and adults will feed on a variety of warm-blooded hosts, including people. The larva is very tiny, only a little larger than the period at the end of this sentence. The nymph, the most common stage found on people, is about pinhead-sized. Adults are about 1/8-inch long and brown. The adult female has a white spot in the middle of her back. Because they are so similar in size, the lone star tick is sometimes misidentified by laypersons as the blacklegged / deer tick (see below).



Blacklegged
(Deer) Tick

Blacklegged Tick, also known as the Deer Tick (*Ixodes scapularis*)

All three active stages of the blacklegged / deer tick will feed on a variety of hosts including people. After the eggs hatch in the spring, the very tiny larvae feed primarily on white-footed mice or other small mammals. The following spring, the larvae molt into pinhead-sized, brown nymphs that will feed on mice, larger warm-blooded animals and people. In the fall, they molt into adults that feed primarily on deer, with the females laying eggs the following spring. Adults are reddish-brown and about 1/8-inch long (or about one-half the size of the more familiar female American dog tick).

Preventing Tick Bites and Disease

- Wear protective clothing such as long-sleeved shirts, long trousers, boots or sturdy shoes and a head covering. (Ticks are easier to detect on light-colored clothing.) Tuck trouser cuffs in socks. Tape the area where pants and socks meet so ticks cannot crawl under clothing.
- Apply insect repellent containing 10 percent to 30 percent DEET primarily to clothes. **Shoes socks and pants are the best places to apply repellent. Apply to clothing and allow to dry before wearing.** Use repellents containing permethrin to treat clothes (especially pants, socks and shoes) but not skin. Always follow label directions; do not misuse or overuse repellents. Always supervise children in the use of repellents.
- Check yourself, children and other family members two to three times each day for ticks. Before bed and after waking up are good times to check for ticks. **Be sure to check the whole body including the areas the sun doesn't shine, behind ears and along hair lines. Continue checking a few days after entering tick infested areas.** Most ticks seldom attach quickly and rarely transmit disease organisms until they have been attached four or more hours. If your pets spend time outdoors, check them for ticks, too.
- If ticks are crawling on the outside of clothes, they can be removed with masking tape or cellophane tape. A ring of tape can be made around the hand by leaving the sticky side out and attaching the two ends. Ticks will stick to the tape which can then be folded over and then placed in the trash.
- **Remove any tick promptly.** The mouthparts of a tick are barbed and may remain embedded and lead to infection at the bite site if not removed promptly. **Do not burn the tick with a match or cover it with petroleum jelly or nail polish. Do not use bare hands to remove the tick because tick secretions may carry disease.** The best way to remove a tick is to grasp it firmly with tweezers as close to the skin as possible and gently, but firmly, pull it straight out. Do not twist or jerk the tick. If tweezers are not available, grasp the tick with a piece of tissue or cloth or whatever can be used as a barrier between your fingers and the tick. Ticks can be safely disposed of by placing them in a container of soapy water or alcohol, sticking them to tape or flushing them down the toilet. If you want to have the tick identified, put it in a small vial of alcohol.
- Wash the bite area and your hands thoroughly with soap and water and apply an antiseptic to the bite site.
- If you have an unexplained illness with fever, contact a physician. Be sure to tell the physician if you have been outdoors in areas where ticks were present or traveled to areas where tick borne diseases are common.

Everyone attending AK programs MUST sign this release in order to participate.

Ancestral Knowledge Program/workshop release

PLEASE READ CAREFULLY, SIGN, AND RETURN PROMPTLY

I. Informed Consent, Waiver of Liability and Release from Risk

You will be participating in a Ancestral Knowledge (AK) program or workshop. You have read the Guidelines and rules of the program or workshop and acknowledge that you will be engaged in various activities that may involve known and unknown risks too numerous to describe, but including without limitation the hazards of exposure to the risk of serious and/or permanent disability from injury and/or disease and death. Your decision to participate in the AK program or workshop is made voluntarily with the knowledge of the risks involved, and in doing so you assume all of the risks inherent in such an undertaking.

You, on behalf of yourself, your heir(s), next of kin, personal representative(s) and assign(s), fully and forever release, forgive, acquit and discharge (a) AK, (b) each and every entity which is controlled by AK, (c) each and every individual and/or company involved in the program or workshop (hereafter referred to individually and collectively as "Affiliated Entities and Persons"), as well as (d) each and every one of the heirs, executors, legal representatives, predecessors, successors, assigns and/or partners of AK and/or each and every one of the Affiliated Entities and Persons and (e) each and every officer, director, trustee, agent, representative, attorney, and employee, past, present or future, of AK and/or any of the Affiliated Entities or Persons of and from any and all responsibility or liability for (1) any injury to your person or property (including without limitation any disease or its effects), (2) any and all claims, demands, actions, causes of action, losses, fees, charges, obligations, costs, expenses, judgments and liabilities of whatever kind, nature or description (including without limitation claims based on the alleged negligence of any party hereby released) which may arise or result directly or indirectly from your involvement in the program or workshop, and (3) any conditions beyond the control of AK and/or any of the entities and persons released from liability in this paragraph, including without limitation acts of God; weather; detention; annoyance; delays and expenses arising from quarantine; strikes; theft; pilferage; force majeure; military, political, or terrorist action; civil disturbances; government restrictions and regulations; and delay or cancellation of changes in itinerary or schedules.

II. Quotation, Directory Information and Photo Release

You give AK permission to publish quotations from your evaluation form in any form of media or manner. You further give AK the right to use, publish, reproduce, modify, adapt and distribute at any time and in any form of media or manner (1) photographs taken of you or your property while participating in the program or workshop activities by AK, its agents or other third parties, or (2) photographs that you have voluntarily submitted of you or your property while participating in program or workshop activities (the "photographs"). In the event that the photographs submitted by you are of someone or something other than you or your property, you have obtained permission and/or have the ability and authority to submit such photographs for AK use.

No payment will be made to you for the use of the photographs. AK shall not publish your name or address in connection with any photograph without your consent. However, AK may publish the photographs with quotations provided or submitted by you. You further understand that AK may not be able to return the original photographs that you have submitted. You agree that AK does not need your consent or approval of the finished product or products, and the copy or other matter that may be used in connection with the photographs, or the use to which the photographs might be applied.

III. Parent or Legal Guardian of Participant Minor

A parent or legal guardian must co-sign this document if the program or workshop participant is under the age of eighteen. In the event that the participant is a minor and a parent or legal guardian's signature is required, each and every paragraph within this document shall apply to and hold the parent or legal guardian liable for the minor's involvement in the program or workshop. In particular, the minor's parent or legal guardian agrees to indemnify, protect and forever save harmless, individually and jointly, each of the entities and persons released from liability by the preceding paragraphs of and from any loss, cost, fee, expense, charge, demand, obligation, claim, actions, cause of action, liability or judgment arising directly or indirectly from or out of the minor's involvement in the program or workshop.

IV. Acknowledgment

You hereby certify that you have read this document and understand it. Your submission to the terms of this document are your free and voluntary act and deed, and you acknowledge that this document shall be binding upon you and your heirs, legal representatives and assigns.

I/We will be participating in the Ancestral Knowledge Program or workshop at: **FLOC Outdoor Education Center**

Adult(s) 18 years or older participating in the program or workshop:

PRINT Full Name of **Adult** Participant 1 **SIGNATURE** of Adult Participant 1/**DATE**

PRINT Full Name of **Adult** Participant 2 **SIGNATURE** of Adult Participant 2/**DATE**

PRINT Full Name of **Adult** Participant 3 **SIGNATURE** of Adult Participant 3/**DATE**

PRINT Full Name of **Adult** Participant 4 **SIGNATURE** of Adult Participant 4/**DATE**

Minor(s) under 18 years old participating in the program or workshop:

PRINT Full Name of **Minor** Participant 1 **SIGNATURE** of Parent/Legal Guardian/**DATE**

PRINT Full Name of **Minor** Participant 2 **SIGNATURE** of Parent/Legal Guardian/**DATE**

PRINT Full Name of **Minor** Participant 3 **SIGNATURE** of Parent/Legal Guardian/**DATE**

PRINT Full Name of **Minor** Participant 3 **SIGNATURE** of Parent/Legal Guardian/**DATE**

MAPS Meet Evaluation

In order to help us put on an even more successful event next year, please take the time to fill out the below evaluation and drop it in the marked box in the lodge before you leave. Your feedback will be greatly appreciated!

Please rate the quality of the below areas using this scale:

- 5 Very satisfied
- 4 Satisfied
- 3 Neutral
- 2 Dissatisfied
- 1 Very dissatisfied

Overall event:	1	2	3	4	5
Instructors:	1	2	3	4	5
Range of topics offered:	1	2	3	4	5
Camp organization:	1	2	3	4	5
Camp accommodations:	1	2	3	4	5
Food:	1	2	3	4	5
Price/value:	1	2	3	4	5
Registration Process:	1	2	3	4	5

1. I am a; participant / instructor (circle one)
2. Do you have any comments about this year's event? (Explain on reverse side)
3. Do you have any suggestions for next year? (Explain on reverse side)
4. Do you have any workshop topics that you would like to see offered at MAPS MEET?

5. Please write a brief testimonial about your experience at this years gathering.