



# ANCESTRAL KNOWLEDGE



## PASSING ON ANCIENT LIFE WAYS

P.O. Box 6 • Brentwood, MD 20722 • Phone: (240) 832-5435 • www.ancestralknowledge.org

### MEDICAL INFORMATION FORM

*The information on this form is not part of the participant acceptance process, but is gathered to assist us in identifying appropriate care. Please inform Ancestral Knowledge staff of any changes to this information on or before the first day of the program. Providing complete and accurate information helps us to help you.*

#### PARTICIPANT INFORMATION

Program Attending: \_\_\_\_\_ Program Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Last First Middle Initial

Age at Camp: \_\_\_\_\_ Gender:  Male  Female

Home Address: \_\_\_\_\_  
Street/P.O. Box City, State Zip

#### CUSTODIAL PARENT/GUARDIAN INFORMATION

*For participants under the age of 18*

|                         |                         |
|-------------------------|-------------------------|
| Name: _____             | Name: _____             |
| Address: _____          | Address: _____          |
| City, State, Zip: _____ | City, State, Zip: _____ |
| Home Phone: _____       | Home Phone: _____       |
| Cell Phone: _____       | Cell Phone: _____       |
| Work Phone: _____       | Work Phone: _____       |

#### EMERGENCY CONTACT INFORMATION

*If parent or guardian cannot be reached, the person listed below will be contacted in case of emergency.*

|                         |                                    |
|-------------------------|------------------------------------|
| Name: _____             | Home Phone: _____                  |
| Address: _____          | Cell Phone: _____                  |
| City, State, Zip: _____ | Relationship to Participant: _____ |

#### INSURANCE INFORMATION

Is the participant covered by family medical/hospital insurance?  Yes  No

If yes, carrier or plan name: \_\_\_\_\_ Group #: \_\_\_\_\_

Name of Insured: \_\_\_\_\_ Relationship to Participant: \_\_\_\_\_

Insurance ID #: \_\_\_\_\_

Carrier address: \_\_\_\_\_  
Street/P.O. Box City, State Zip

#### AUTHORIZATION

This health history is correct and complete as far as I know, and the person herein described has permission to engage in all camp activities unless otherwise noted.

I hereby give permission to Ancestral Knowledge to provide routine health care, administer prescribed medications, and seek emergency medical treatment including ordering x-rays or routine tests. I agree to the release of any records necessary for insurance purposes. I give permission to Ancestral Knowledge to arrange necessary related transportation for me/my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by Ancestral Knowledge to secure and administer treatment, including hospitalization, for the participant.

Signature of parent/guardian (for participants under the age of 18) or adult participant: \_\_\_\_\_

Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

#### ALLERGIES

|  |  |
|--|--|
| Please list all allergies including insect stings, hay fever, animal dander, asthma, etc...<br><p style="text-align: center;"><b>Medications:</b></p> <hr/> <p style="text-align: center;"><b>Food:</b></p> <hr/> <p style="text-align: center;"><b>Other:</b></p> <hr/> | Please describe reaction and management of the reaction.<br>To list additional allergies, please attach a page describing the allergy, reaction, and management of the reaction using this format. <hr/> <hr/> <hr/> <hr/> |
|--|--|

**MEDICATIONS**

The participant takes NO MEDICATIONS on a routine basis.       The participant takes medication as follows:

Med #1: \_\_\_\_\_ Dosage: \_\_\_\_\_ Specific Times Taken Daily: \_\_\_\_\_  
 Reason for Taking: \_\_\_\_\_

Med #2: \_\_\_\_\_ Dosage: \_\_\_\_\_ Specific Times Taken Daily: \_\_\_\_\_  
 Reason for Taking: \_\_\_\_\_

To list additional medications, please attach a page describing medications taken, dosage, times, and reason using the above format.

**RESTRICTIONS**

Does not eat (*check all that apply*):     Meat     Dairy     Seafood     Eggs     Other (describe): \_\_\_\_\_

Please explain any restrictions to activity (*what cannot be done, what adaptations or limitations are necessary*): \_\_\_\_\_

---



---

**GENERAL HEALTH QUESTIONS**

| Has/does the participant:                                | Yes | No | Yes   | Yes | No |
|--|-----|----|---|-----|----|
| 1. Had any recent injury, illness or infectious disease? |     |    | 15. Unable to swim?   |     |    |
| 2. Have a chronic or recurring illness/condition?        |     |    | 16. Ever had back problems?                                   |     |    |
| 3. Ever been hospitalized?                               |     |    | 17. Ever had problems with joints?                            |     |    |
| 4. Ever had surgery?                                     |     |    | 18. Bringing an orthodontic appliance to the program?         |     |    |
| 5. Have frequent headaches?                              |     |    | 19. Have any skin problems?                                   |     |    |
| 6. Ever had a head injury?                               |     |    | 20. Have diabetes?  |     |    |
| 7. Ever been knocked unconscious?                        |     |    | 21. Have asthma?  |     |    |
| 8. Wear glasses, contacts or protective eye wear?        |     |    | 22. Had mononucleosis w/in the year?                          |     |    |
| 9. Ever had frequent ear infections?                     |     |    | 23. Had problems w/ diarrhea/constipation?                    |     |    |
| 10. Ever passed out during or after exercise?            |     |    | 24. Have problems with sleep walking?                         |     |    |
| 11. Ever been dizzy during or after exercise?            |     |    | 25. If female, have an abnormal menstruation?                 |     |    |
| 12. Ever had seizures?                                   |     |    | 26. Have a history of bed-wetting?                            |     |    |
| 13. Ever had chest pain during or after exercise?        |     |    | 27. Ever had an eating disorder?                              |     |    |
| 14. Ever had high blood pressure?                        |     |    | 28. Ever sought professional help for emotional difficulties? |     |    |

Please explain any "yes" answers, noting question numbers: \_\_\_\_\_

---

Which of the following has the participant had?:     Measles     Chicken Pox     Mumps     German Measles     HepA     Hep B     Hep C

Is the participant current on all immunizations?:     Yes     No, please explain: \_\_\_\_\_

Use this space to provide any additional information about the participant's behavior and physical, emotional, and mental health about which Ancestral Knowledge should be aware. \_\_\_\_\_

---



---

Name of family physician: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Name of family dentist/orthodontist: \_\_\_\_\_ Phone: \_\_\_\_\_

Participant Name: \_\_\_\_\_  
Last
First
Middle Initial